Center for the Study of Traumatic Stress

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MEDICAL IDS ON OUR SMARTPHONES



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Uniformed Services University

> Medical emergencies can occur unexpectedly and leave us unable to communicate important information, such as medical conditions, allergies, and emergency contacts. There is a simple and safe way to keep information handy so that good samaritans and responders can help.

Smartphones allow you to create Medical IDs with critical emergency information, which can be visible on the phone's lock screen to assist helpers when needed. Scan the codes below for instructions to set up a medical ID on Android and Apple smartphones. You can also complete the card below by filling out this electronic form or printing and filling it out by hand. Print out a copy and keep it in your wallet or purse in case of an emergency.



Android Phone



MEDICAL ID	
Name	
Date of Birth	
Sex HeightWeight	
Blood Type	
Medical Conditions	
Current Medications	
Allergies & Reactions	
Primary Language	
Emergency Contact Name	
Relationship	
Phone number	
Primary Care Provider Name	
Phone Number	

≻≎ Cut along dotted lines.

Fold in half to make a business size card.

